PSALM 53

There is none who does good,
No, not one.

4 Have the workers of iniquity
*no knowledge,
Who eat up my people as they eat bread,
And do not call upon God?
5 *They are in great fear:
Where no fear was.
For God has scattered the
bones of him who encamps
against you;
You have put them to shame,
Because God has despised
them.

6 *Oh, that the salvation of Israel
would come out of Zion!
When God brings back the
captivity of His people,
Let Jacob rejoice and Israel be
glad.

PSALM 54

Answered Prayer for Deliverance
from Adversaries

To the Chief Musician. With stringed
instruments. A Contemplation of David
*when the Ziphites went and said to Saul,
*Is David not hiding with Saul?

Save me, O God, by Your
name.
And vindicate me by Your
strength.
2 Hear my prayer, O God;
Give ear to the words of my
mouth.
3 For strange things have risen
against me,
And oppressors have sought
after my life;
They have not set God before
them.

4 Behold, God is my helper;
The Lord is with those who
hold on to my life.
5 He will repay my enemies
for their evil;
Cut them off in Your truth.
6 I will freely sacrifice to You;
I will praise Your name, O
Lord, for it is good.
7 For He has delivered me out of
all trouble;
And my eye has seen its desire
upon my enemies.

PSALM 55

Trust in God Concerning the Treachery of Friends

To the Chief Musician. With stringed
instruments. A Contemplation of David
when he was in the house of his
captivity

Give ear to my prayer, O God;
And do not hide Your face
from me.
Attend to me, and hear me;
*I am restless in my complaint
and moan noisily.
Because the voice of the enemy,
Because of the oppression
of my heart;
*For they bring down trouble
upon me,
And in wrath they hate me.

4 *My heart is severely pained
within me,
And the terrors of death have
fallen upon me.
Fearfulness and trembling
have come upon me,
And horror has overwhelmed
me.

5 And I said, "Oh, that I had
wings like a dove!
For then I would fly away and
be at rest.
Indeed, I would wander far
off.
And remain in the wilderness.

6 I would hasten my escape
From the windy storm and
tempest.

9 Destroy, O Lord, and divide
their tongues.
For I have seen violence and
strife in the city.
Day and night they go around
it.
Iniquity and trouble are also
in the midst of it.
Destruction is in its midst;
Deceit and guile do not depart
from its streets.

12 *For it is not an enemy who
reproaches me;
Then I could bear it.
Nor is it one who hates me
who has *magnified himself
against me;
Then I could hide from him.
13 But it was you, a man my
equal,
*My companion and my
acquaintance.

PSALM 57

Prayer for Escape from Tormentors

To the Chief Musician. Set to "The Silent
Dove in Districts.
A Psalm of David when he fled from Saul
into the cave.

Be merciful to me, O God, for
I am in distress;
My soul is cast down; I am
utterly faint;
I am bowed down and
labored with many sorrows.

2 I will cry out to God Most
High,